

# Wild Bear Center for Nature Discovery Mountain Youth Explorers



Program Name: "Aquatic Invertebrates"

Dates: July 7<sup>th</sup> and 9th, 2008

Instructor(s): Kendra "North"

DAY 1: Monday, June 23	DAY 2: Wednesday, June 25
<p><u>Morning Activities:</u></p> <ul style="list-style-type: none"> <li>• 9am: Opening Circle</li> <li>• 9:30: Yoga</li> <li>• 10am: Teamwork Activities</li> <li>• 10:30: Snack</li> <li>• 11am: Make a Journal of macroinvertebrates and Life Cycles</li> <li>• 11:30am: Drive to Los Lagos</li> </ul>	<p><u>Morning Activities:</u></p> <ul style="list-style-type: none"> <li>• 9am: Opening Circle</li> <li>• 9:30: Yoga</li> <li>• 10am: Teamwork Activities</li> <li>• 10:30: Snack</li> <li>• 11am: Drive to East Portal</li> </ul>
<p><u>Afternoon Activities:</u></p> <ul style="list-style-type: none"> <li>• 12pm: Lunch</li> <li>• 12:30: Catch Aquatic Invertebrates</li> <li>• 1pm: Still Catching!</li> <li>• 1:30pm: Identify your Aquatic Invertebrates and Identify Them</li> <li>• 2pm: Catch more, Identify More, and tie Flies to replicate our insects!</li> <li>• 2:30: Back to Camp</li> <li>• 2:45: Closing Circle</li> </ul>	<p><u>Afternoon Activities:</u></p> <ul style="list-style-type: none"> <li>• 12pm: Lunch</li> <li>• 12:30: Catch Aquatic Invertebrates</li> <li>• 1pm: Still Catching!</li> <li>• 1:30: Catch and Identify more that you haven't seen before</li> <li>• 2pm: Learn to Tie more advanced ties!</li> <li>• 2:30: Back to Camp</li> <li>• 2:45: Closing Circle</li> </ul>

**Come Prepared Every Day! Please don't forget to:**

- ✓ bring a backpack
- ✓ bring a nutritious lunch and morning snack
- ✓ bring a filled water bottle
- ✓ wear sunscreen
- ✓ wear sturdy shoes that cover your toes
- ✓ come dressed for the weather: rain gear, sun hat/glasses, extra layers, etc.
- ✓ **Other equipment: Water SHOES!!! Water BOOTS! WATER CLOTHES! Be ready to be in the water!**

